

Kinetic Letters

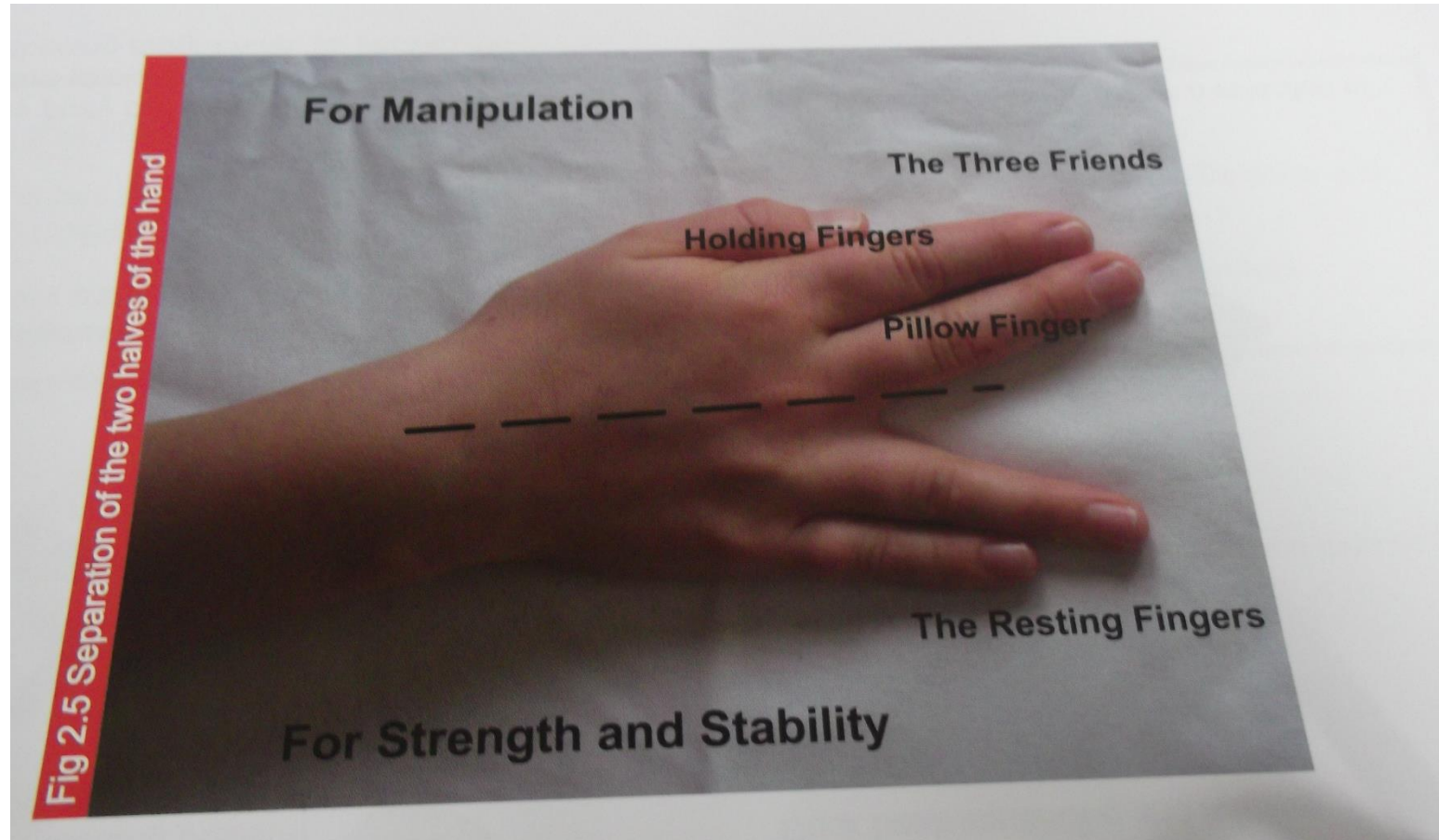


Body Position

Lying on the floor with a straight body



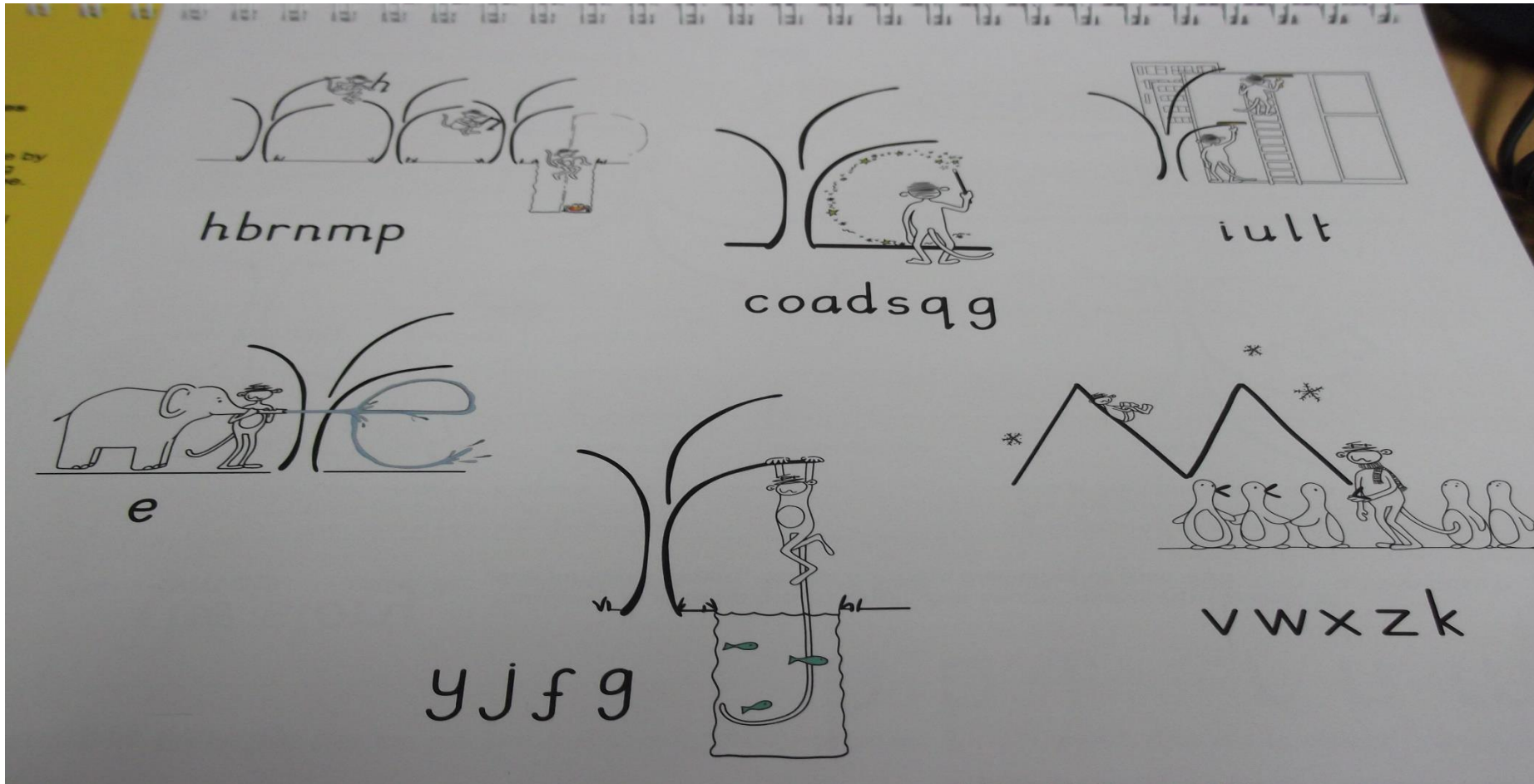
The Three Friends



Meet Scared and Brave Monkey



Meet The Letter Families



The Jumper Family

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Jumper Family

The story

Far away in a damp green jungle live two monkeys who spend all day jumping **down, bump** from the branches of their tree.

The Brave Monkey jumps from the high branch and makes the Letter Trail for **h** and **b**.

The Scared Monkey jumps from the low branch and makes the Letter Trail for **r n m** and **p**.

However....

When the Scared Monkey jumps **down** to make **p**, he gets a surprise!

Instead of bumping on the ground he falls **on down** into a pit that has a spider.

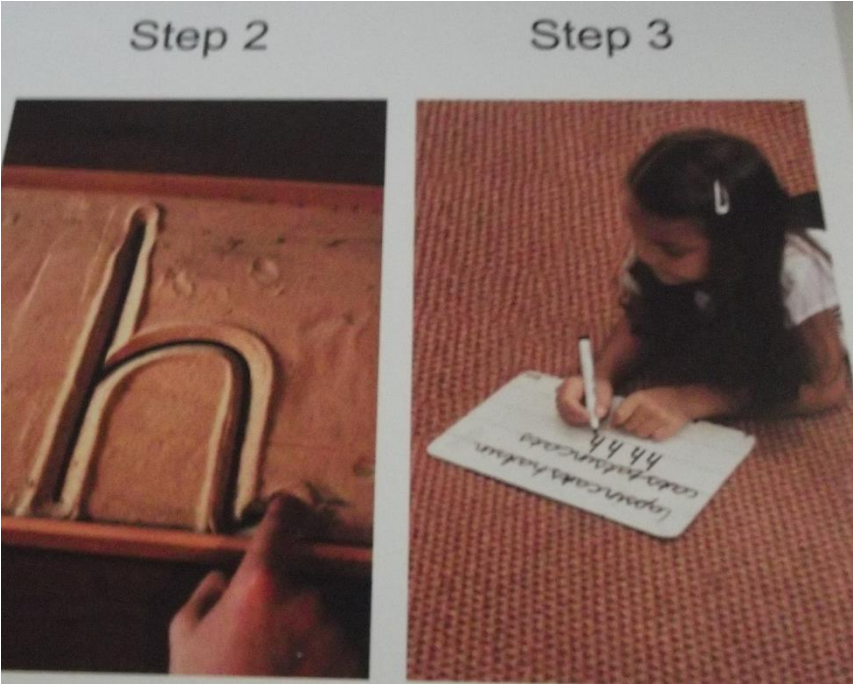
"AHH" he cries and jumps straight **back up** again **pushing** the cobwebs off his face and makes the shape of the **p** Letter Trail.

Story Resources

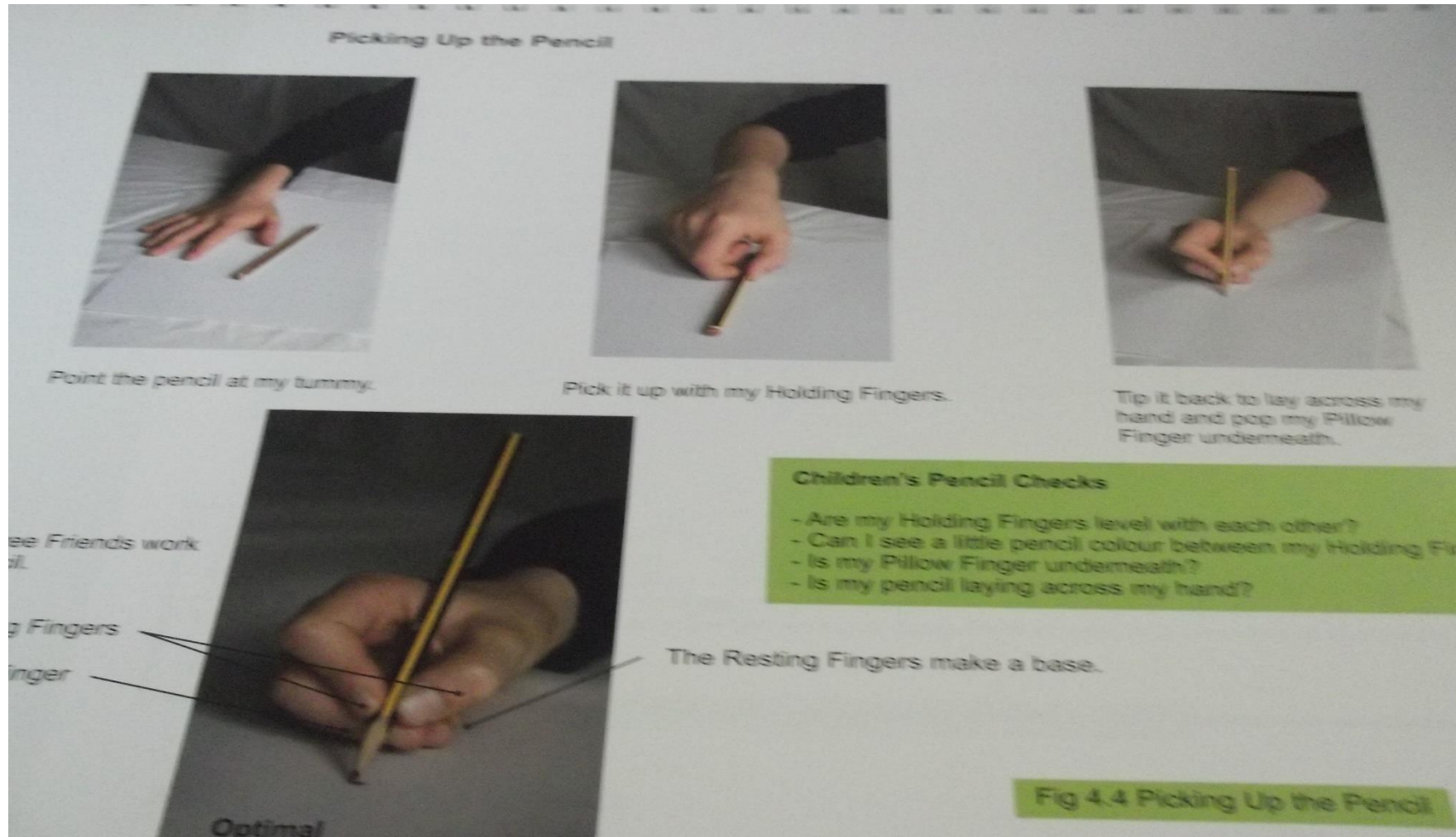
- Brave Monkey
- Scared Monkey
- Tree
- Spider

3.22

Three Steps to Write a New Letter



Picking Up the Pencil



Wake Up

CHORUS

*Wake up! Wake up!
Give yourself a shake up,
Get you body moving.
Reach up, jump up,
Give your friends the 'thumbs up!'
It's another new day!*

*Wake up! Wake up!
Give yourself a shake up,
Get you body moving.
Reach up, jump up,
Give your friends the 'thumbs up!'
It's another new day!*

Verse 1

Get your feet
Dancing to the beat,
Get your body moving.
Raise a shout! (HEY!)
Let your feelings out,
It's another new day!

CHORUS

Wake up! Wake up!
Give yourself a shake up,
Get you body moving.
Reach up, jump up,
Give your friends the 'thumbs up'!
It's another new day!

Repeat Verse 1 *Get your feet*
Dancing to the beat,
Get your body moving.
Raise a shout! (HEY!)
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It's another new day!

HALF CHORUS INSTRUMENTAL

Repeat Verse 1 *Get your feet*
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Repeat Verse 1 *Get your feet*
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Kinetic Letter Programme



Red Phase

making bodies
stronger

Whole body strength is developed
Physical strength is refined for working the writing tool
Working positions help concentration
Working positions support the hand and arm correctly

Yellow Phase

learning the
letters

*Six physical movements are learnt for writing letters
Large scale movements are integrated with small letters
Letters are learnt in groups according to their movements
Letters are taught in a progressive order
The writing tools for handwriting sessions are always pens
and white-boards*

Green Phase

holding the
pencil

Understand the functions of pencil hold

Learn the pencil holding checks

Make writing comfortable

Correct pencil holds by correcting underlying problems

Blue Phase

flow and fluency

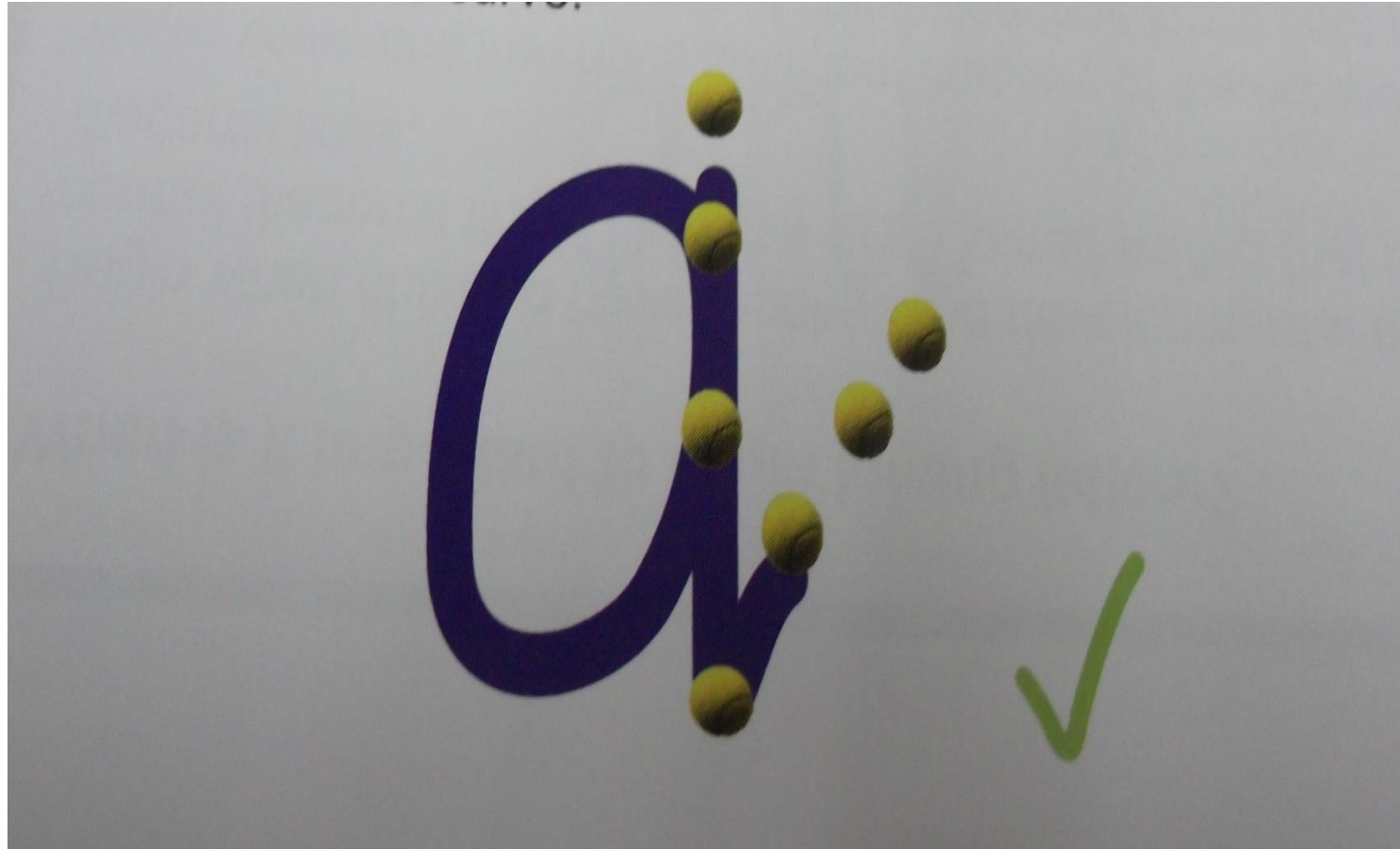
Feel Flow and rhythm to help writing fluency

Enable Flow with working positions and equipment

Joining requires preparation and readiness

Flow is about finding the shortest journey across the page

Angular Flicks



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